



Off-Site Yoga Programs

Divine comes to you..... Yes, we offer the opportunity to extend yoga into the working world! Our instructors will come to your place of business and provide yoga instruction to yourself and your co-workers. What a great employee benefit or a nice way to incorporate a convenience that the employees can take advantage of. The benefits of yoga can be endless after a long working day. The practice is not only a means of physical fitness, but can also help one to quiet the mind, regain focus and re-energize.

Cost: \$65.00 for 1 hour class.

**** Class size is estimated at 6 students. Additional students can be added @ \$5.00 per student.**



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